



**NORTH DAKOTA**  
DEPARTMENT *of* HEALTH

---

## NEWS RELEASE

For Immediate Release:  
Sept. 10, 2010

For More Information, Contact:  
Charlene Rohrich-Reiswig  
North Dakota Department of Health  
Division of Family Health  
Phone: 701.328.4535  
E-mail: [creiswig@nd.gov](mailto:creiswig@nd.gov)

### **North Dakota Department of Health Celebrates the 40<sup>th</sup> Anniversary of the Title X Family Planning Program**

BISMARCK, N.D. – The North Dakota Department of Health is celebrating the 40<sup>th</sup> anniversary of Title X of the Public Health Service Act, which provides funding for family planning services, according to Charlene Rohrich-Reiswig, director of the department's Title X Family Planning Program.

Forty years ago, President Richard Nixon signed into law the only dedicated federal funding source for family planning services. In doing so, President Nixon established a lifeline for low-income women and men to receive comprehensive family planning services – education, counseling and health services.

Since 1972, the North Dakota Title X Family Planning Program has worked to encourage people to seek loving, stable relationships; counsel young people to delay having sex; and encourage families to wait to have children until they are ready and willing to be responsible parents.

“Celebrating 40 years of Title X Family Planning funding is about supporting the services that meet the family planning needs of low-income women and men and contribute to widespread improvements in public health,” Rohrich-Reiswig said. “The goal of the program is to help North Dakotans act responsibly, stay healthy and plan for strong families.”

In 2009, the North Dakota Title X Family Planning Program served 14,761 women and men in need of family planning services who were uninsured or couldn't afford services. Title X Family Planning funding allows the program to provide high-quality family planning services on a sliding fee scale.

-- more --

---

600 E. Boulevard Ave. Dept. 301, Bismarck, North Dakota 58505-0200  
Phone: 701.328.2372 Fax: 701.328.4727 E-mail: [health@nd.gov](mailto:health@nd.gov)

Visit the health department home page at [www.ndhealth.gov](http://www.ndhealth.gov).

The U.S. Centers for Disease Control and Prevention cited the Title X Family Planning Program as one of the 10 great public health achievements of the 20th Century. According to the CDC, smaller families and longer intervals between the births of children have contributed to the better health of infants, children and women and have improved the social and economic role of women.

Since 1972, the North Dakota Department of Health has had the overall accountability for the distribution of federal grant funds and activities. The North Dakota Family Planning Program contracts with the following agencies to provide Title X Family Planning services in the state:

- Custer Family Planning Center, Bismarck
- Lake Region Family Planning Program, Devils Lake
- Community Action Partnership, Dickinson
- Fargo Cass Public Health, Fargo
- Valley Health & WIC, Grand Forks
- Central Valley Family Planning Program, Jamestown
- First District Health Unit, Minot
- Richland County Family Planning Program, Wahpeton
- Upper Missouri District Health Unit, Williston

For more information about Title X Family Planning Program, contact Charlene R. Reiswig, North Dakota Department of Health, at 701.328.4535 or [creiswig@nd.gov](mailto:creiswig@nd.gov).

-- 30 --

*Please note: To access archived news releases and other information, visit the North Dakota Department of Health Press Room at [www.nddohpressroom.gov](http://www.nddohpressroom.gov).*